

## Psycholog Referrals Explained

Clinical Psychologist Dr Lisa Millar from The Hummingbird Centre has recorded a video for GPs that explains the requirements and changes for referrals to psychologists and accredited mental health social workers under Better Access.

The video can be viewed at your leisure, and can be found at: <https://vimeo.com/527076858>

We are also available to attend one of your GP practice meetings to talk through the changes and can also present on a topic of your choice. Please contact us on (02) 4946 0919 to arrange.



Referrals Video **P.1**

Psychedelic Therapies **P.1**

Transforming Teen Anxiety **P.2**

## International Summit on Psychedelic Therapies for Mental Illness

We are proud to be a partner for Mind Medicine Australia's International Summit on Psychedelic Therapies for Mental Illness, taking place in Melbourne from 19-20 November 2021 at the Sofitel Melbourne On Collins. The event also offers a 2 day pre-Summit introductory workshop – 17-18 November – for those with an interest in the topic who wish to gain a detailed understanding of psychedelic-assisted psychotherapy for the treatment of mental illness or would like to further develop their skills in this area. Come and join us to explore the way forward for Australia.

As a partner for this event, we are delighted to extend an invitation to you and your colleagues and networks, and to provide a 10% discount on ticket bookings which can be redeemed using the password **MMA2021**.

The two-day International Summit on Psychedelic Therapies for Mental Illness will bring together clinicians, scientists, academics, mental and public health professionals, philanthropists, Government, law and policy makers, business, industry, investors, consumers and other interested stakeholders. The event will be preceded by a two-day workshop program for therapists and health professionals with leading international facilitators.

<https://summit.mindmedicineaustralia.org/>





# TRANSFORMING TEEN ANXIETY

8 week program with  
Psychologist Allira Sazdanoff  
for girls 13 - 15yrs or 16 - 18yrs



## COMMENCING TERM 2

8 weeks: \$375  
Medicare rebate  
may be available



Don't forget our 8 week group therapy program for teenage girls aged 13-18 years with anxiety, run by Psychologist Allira Sazdanoff and commencing on Monday the 26th of April, as mentioned in our March Newsletter.

<https://www.hummingbirdcentre.com.au/events/transforming-teen-anxiety/>

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