



The Hummingbird Centre Newsletter

Changes to requirements under Better Access / Medicare Benefits Schedule:

Video Now Available

As mentioned in our March newsletter, The Department of Health has recently advised that **all referrals (referral letters) under Medicare (Better Access) must now specify the number of sessions in a course of treatment** for the referral to be valid. In addition to this, the additional 10 COVID-19 sessions resulted in further requirements for referring General Practitioners, Psychiatrists, and Paediatricians. We have recorded a video that explains the requirements and changes for referrals to psychologists and accredited mental health social workers under Better Access.

We are also available to attend one of your GP practice meetings to talk through the changes and can also present on a topic of your choice. Please contact us on (02) 4946 0919 if you would like us to give a presentation to you and your staff.

International Summit on Psychedelic Therapies for Mental Illness

We are proud to be a partner for **Mind Medicine Australia's International Summit on Psychedelic Therapies for Mental Illness**, taking place in Melbourne from **19-20 November 2021** at the Sofitel Melbourne On Collins. The event also offers a 2 day pre-Summit introductory workshop – **17-18 November** – for those with in interest in the topic who wish to gain a detailed understanding of psychedelic-assisted psychotherapy for the treatment of mental illness or would like to further develop of their skills in this area. Come and join us to explore the way forward for Australia.

As a partner for this event, we are delighted to extend and invitation to you and your colleagues and networks, and to provide a **10% discount** on ticket bookings which can be redeemed using the password MMA2021.

The two-day International Summit on Psychedelic Therapies for Mental Illness will bring together clinicians, scientists, academics, mental and public health professionals, philanthropists, Government, law and policy makers, business, industry, investors, consumers

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and other interested stakeholders. The event will be preceded by a two-day workshop program for therapists and health professionals with leading international facilitators.

The Summit will feature a mixture of international and national keynotes, master classes, hot spots, panel conversations and a gala dinner Q & A.

Medicine-assisted therapies have been granted Breakthrough Therapy status by the FDA in the USA due to current promising research in the treatment of depression and PTSD. We look forward to collaborating with you to explore treatment options to help address the mental health crisis we currently face and offer treatments to those who need it most.

Together we can change the paradigm for mental health. Please join us – we hope to see you there!

For more details and to register for tickets, please visit:

<https://summit.mindmedicineaustralia.org/>

Transforming Teen Anxiety

Don't forget our 8 week group therapy program for teenage girls aged 13-18 years with anxiety, run by Psychologist Allira Sazdanoff and commencing on **Monday the 26th of April**, as mentioned in our March Newsletter. Further information can be found at:

<http://www.hummingbirdcentre.com.au/events/transforming-teen-anxiety/>

See our website www.hummingbirdcentre.com.au/our-team/ for further information on our team members and services, and please don't hesitate to contact us with any questions or queries.

Sincerely,

The Hummingbird Centre Team.

Phone: (02) 4946 0919

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